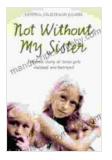
# Not Without My Sister: A Memoir of Love, Loss, and Redemption

**Not Without My Sister** is a powerful and moving memoir by Judy Christie about her relationship with her sister, Lindsay. Lindsay was diagnosed with schizophrenia at a young age, and Judy struggled to understand and support her sister as she battled with the illness. This memoir is a testament to the power of love and family, and it offers hope to those who are struggling with mental illness.



### Not Without My Sister: The True Story of Three Girls Violated and Betrayed by Those They Trusted

by Celeste Jones		
🚖 🚖 🚖 🚖 4.3 out of 5		
Language	: English	
File size	: 1744 KB	
Text-to-Speech	: Enabled	
Screen Reader	: Supported	
Enhanced typesetting : Enabled		
X-Ray	: Enabled	
Word Wise	: Enabled	
Print length	: 434 pages	



### A Sister's Love

Judy and Lindsay were close from a young age. They shared a love of music, books, and movies. But as Lindsay got older, she began to change. She became withdrawn and suspicious, and she started to have strange thoughts and delusions.

Judy was devastated when Lindsay was diagnosed with schizophrenia. She didn't know what to do or how to help her sister. She tried to be supportive, but it was difficult to watch Lindsay suffer.

#### The Journey of Schizophrenia

Schizophrenia is a serious mental illness that affects a person's thoughts, feelings, and behavior. It can cause hallucinations, delusions, disorganized speech, and social withdrawal.

There is no cure for schizophrenia, but there are treatments that can help to manage the symptoms. Judy and Lindsay tried a variety of treatments over the years, but nothing seemed to work.

#### The Power of Family

Despite the challenges, Judy never gave up on Lindsay. She was always there for her sister, through good times and bad.

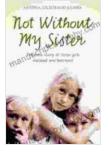
Judy's love and support were a lifeline for Lindsay. She helped her sister to get through some of her darkest days.

#### A Message of Hope

**Not Without My Sister** is a story of love, loss, and redemption. It is a testament to the power of family and the hope that can be found even in the darkest of times.

This memoir is a must-read for anyone who has been affected by mental illness. It is a story that will stay with you long after you finish reading it.

Free Download your copy of Not Without My Sister today.

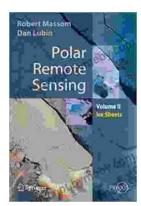


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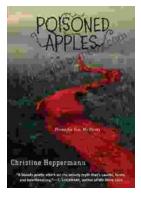
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